

# Foundation 55- Protecting People Place & Planet



He's a Bodyguard, she's an Earth healer & together this duo has formed Foundation 55 Foundation, as part of a New Ways, New Earth, Better Lives vision for our future.

## *This is Pennas Story*

### Who I am?

*I am an Architect of New Earth master creator, way shower, grid keeper & teacher. In the etheric world, through to manifesting into 3D, I am an emissary for Gaia.*

*I am the dual side to the one coin which is US. My husband Russ & I, are a team, we are a partnership in life, love & work. We have been together in a number of lifetimes (the ones I know of) and have a focussed mission of birthing this new earth into her full manifestation. We hope in this lifetime, our mission is successful.*

*We represent the balance of the divine masculine and divine feminine. Together we form a protective shield and energetic signature and we love to share those skills with others who are here to do the work.*

### Her story:

Penna has lived in the Noosa Hinterland since 1998 and SEQ for most of her 55 years. As with many people with both her physical, creative and spiritual gifts, Penna did not set out to do Earth healing work, but the work found her and her journey of healing country, as it healed her and restoring spirit, abundance and sanctuary to desecrated land, is an inspirational story.

In 1991 Penna was gifted a set of 'calling shells' (photographed) which came from the Cape via a friends (fisherman) husband.

“I was only 22 at the time and immediately knew how special these shells were but had no idea why. I only knew that if I had a fire, these shells would be always one of the first things grabbed and moved to safety and that still holds true to this day.”

The shells in fact were used by indigenous coastal mobs to call all the mobs together for ceremony and to enjoy the harvest bounty and do inter tribe business. Hence why they are named “Calling Shells’.

“I am not indigenous, but I conduct myself in the way of Natural Lore & recognise the 3 Laws of Country. At this time of our planet’s ascension, the importance of Wiritjin (peace business) between all and developing a deeper understanding of our country’s real history and spiritual essence, is essential. It is my understanding, through experience and holding conference with indigenous friends, teachers & mentors (black & white alike), why I have been honoured with being a holder of the Calling Shells.”

It wasn’t long after that Penna moved onto a Ceremony Ground (Bora Ring/ Burial site) and sadly, massacre ground, just south of Hervey Bay.

“This wasn’t done purposefully but happened through guidance of my path. The awakening I received whilst living on this very bountiful, but very spiritually occupied country, was indeed one of the most expansive things that’s happened in my life.”

(you can check the John Oxley Library- Dr Ian McNiven’s thesis, and others who have done anthropological studies on the property at Booral).

The multitude of experiences I had at Booral, have always been an undercurrent in all I do (mostly subconscious). From 1990 to 2009, I made my livelihood as an art teacher, then artist and designer and had a Gallery in Cooroy (a gorgeous village near Noosa) for over 10 years. During this time my work was published in many homemaker/designer magazines and on TV feature programmes, etc. I look back and see so many of my designs (in furniture, carpets, glass and the like) are all imbued with a sense of place, and some are like energetic maps. Some of these pictures link now to my earth knowledge and its constantly surprising seeing these themes revisit my work.

During this time, Penna purchased a property just outside of Cooroy. I was told clearly what to look for, but when I found out, the depth of degradation here was more than heart breaking. This has been the foundation for my understanding of how Wetiko entered Australia and created a path of destruction of spirit, people, and place.

Wetiko is a virus in the minds of man. It is a cannibalising force that urges them to destroy, despite the detrimental effect to their own personal wellbeing. It begins with a trauma event and spreads in a manner of ways. This is a topic, I cover in a lot of my teachings, educating people in how to recognise and heal Wetiko, and restore the land and by proxy, its people, back to a state of Abundance and Sanctuary. This work, (not really something that you can be formally trained in), is my true-life purpose and as others life situations changed and the vibration of this location raised, so did my opportunity to rise with it and teach others. This is the mutual obligation reward of giving to planet and a greater purpose.

Penna & Russes property, aptly named Billabong ( a place to rest and seek sanctuary & revival) is a living breathing canvas for Penna’s purpose and creative force.

I have now been here for 23 years, and Russ joined me here 16 years ago. During this time, I quickly came to realise that creative life force energy was the true healer of this country. I have planted thousands and

thousands of new beginners and listened very closely to country, and spirit and plant brethren that tell me clearly what to do. The waters have been restored and honoured. When you look at the topographical photos of how dead this whole area was (in more ways than one) in the early 00's and then look now, I can see the impact of my work with Gaia.

Under Foundation55, I have been teaching others how to heal and harmonise their country and as a result, their own lives. I am the Sunshine Coast coordinator for a global Leyline Group, and I am currently teaching and conducting field trips in our area to heal and harmonise the leys. If you want to improve the world, raising its vibration is the KEY that all of us hold, to affect change NOW. The Leylines are energetic highways and not a square kilometre on our planet is devoid of one. These impact you, your abundance, health & success in planning an abundant property. They are the nexus key to your energetic signature.

At Billabong, we hold workshops in creating abundance & sanctuary, property planning, leyline, electroculture and other earth healing modalities. I also conduct private property consultations to assist people who are at the start of their property journey or are finding that they have issues on their land or in their homes that they cannot find answers for. I call these property profiles, as I assist people to understand the energetic signature of the country they have chosen to live on. This energetic signature can be raised with knowledge, purposeful intent and love. I love the face-to-face connection of working with people and assisting them to improve their lives and its abundance (in all forms). As the old saying goes, Think Globally Act Locally.

This is Penna's side of the work we do under our not-for-profit Foundation55Foundation (55 is a Freedom number and its well grounded in its "Foundation"). Russ & Penna have towards putting our property and our work under a PMA and then established an operational foundation as its structure. We are creative, solutions-based people and know that true freedom and living outside of the failing corporations, is a strong navigational tool and pathway forward.

**Foundation 55 provides a solid foundation for other likeminded people to hold their own workshops, sessions etc.** We have a well set out and high energy facility perfect for learning or physical activity, dedicated eating area, commercial style kitchen, with a professional coffee machine and the necessary facilities and know how, to host groups and events. We are not connected to councils or corporations and therefore the structure provides freedom for practitioners to operate outside that world, should they desire.

If you would like to know more or join Penna and her group of active earth workers in please reach out to her on 0400 090927 or connect with her on telegram @Penna\_T. Her telegram **Earth healing Group** is by invitation only.

We currently have a **website under construction**. It will be at and all our courses & activities will be able to be seen on it very soon.:

[www.foundation55.ngo](http://www.foundation55.ngo)

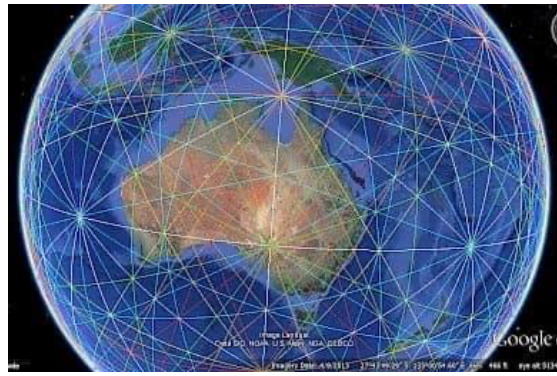
**For more information about other Foundation55 courses and resources:**

Please contact her on 0400090927 or [foundation55@protonmail.com](mailto:foundation55@protonmail.com)





Calling Shells



Some Major Australian LEYLINES: We are ALL CONNECTED (so everything we do is AFFECTED)

Then & Now (property was purchased in 2001, so by 2005 there were improvements!!)



A property full of broken car bodies, metal & rubbish. A gully full of Batteries, Rubbish & broken Oil drums (This areas water fed into a property dam & from there into Six Mile & Cooroy Creek which are Mary River Catchments)



Gully turned into a creek. Love & magic added.... The waters honoured & look at the difference ☺





Abundance Groves



Billabong: Our Teaching Facility



The role of colour, light & species selection



Our sacred geometry Fire Pit: Yindali Dhur is placed over the junction point of a series of leylines & was consecrated in ceremony in 2018.

This special space was handmade by Russ & I & its placement & design was spoken to me.