

PROFILE BACKGROUND:

RUSS PRICE

There are certain people on this planet who seemed to have put 3 lifetimes of work and achievements into one.

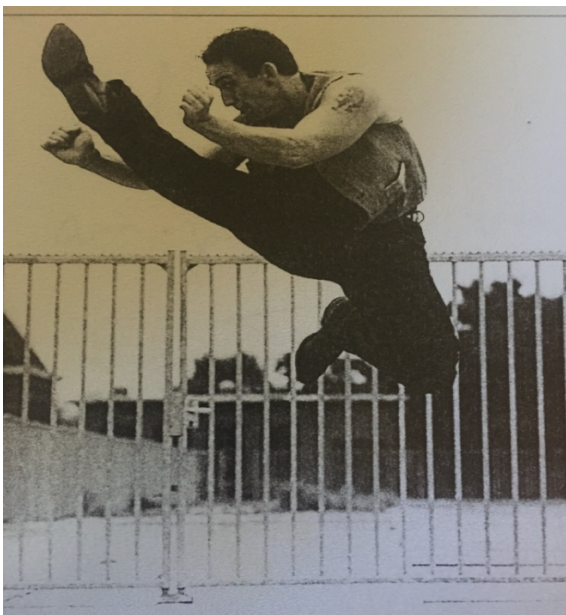
Russ Price is one of those people. From a Professor of Karate to Commando, stunt man and Bodyguard, Russe's latest venture is one that draws together his vast experiences to form Foundation 55 with his wife and partner Penny, establishing New Ways, New Earth and a Better Lives vision for the future.



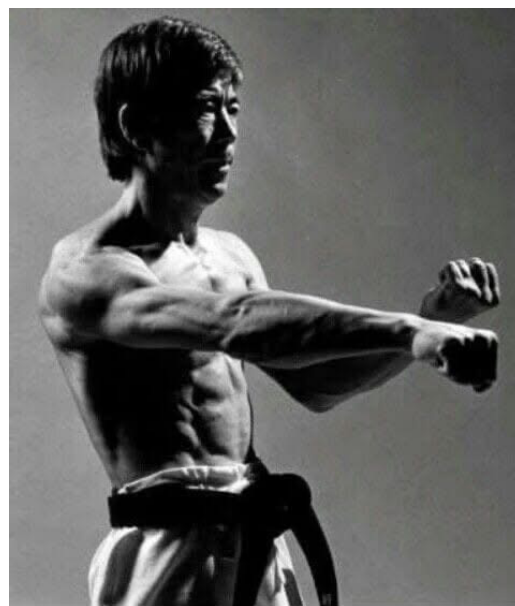
On the set of Survivor- Northwest QLD 2021

From a passion of a young boy for Karate & Kung Fu his idols such as Bruce Lee, and Jackie Chan, Russ began his first years in Shotokan Karate in inner city Cardiff, Wales, by being the youngest senior Black belt in Wales at the age of 16 then went on to becoming a British and European champion in the following year.

Those achievements in this field have been ongoing, with Russ holding the record for being the youngest 6th Dan in this field and he was thereafter listed in the Guinness Book of records for youngest 6th dan under Kanazawa's tutelage at 34., Russ was the only white and western student at that time of Japanese legend Hirokazu Kanazawa (pictured below). Nicknamed Inazuma, or Lightning Strike by Kanazawa, due to the legendary speed of his legs, in 2015, Russ was awarded entry into the World Martial Arts Hall of Fame (alongside the likes of Bruce Lee, Van Damme and Chuck Norris). Most recently in 2022, the cream on the Martial Arts cake, Russ was awarded with the highest possible honour in Shotokan Karate, that of Professor.



Inazuma "Lightning Strike"



Master & Legend- Hirokazu Kanazawa (Born May 1931, passed December 2019)

These are international recognitions, and many achieved at a time and with Shihan (teacher/master) very unlike those of today. In order to develop strength & resilience, students were often badly beaten, rapped with bamboo or timber and pushed constantly to the edge of physical breakdown. There is truly no comparison to the way karate is taught today, particularly in the Western world.

“I spent some time as a student in Japan, learning the Japanese way and being the punching bag for many superior fighters who were keen to put a geijin (white boy) back in his box. I had little money, living hand to mouth, but learnt a lot, took a lot of hard knocks and came out of the experience with a body forged with steel and determination. If this was to happen today, instructors and those students would be placed in jail. The world is very different.

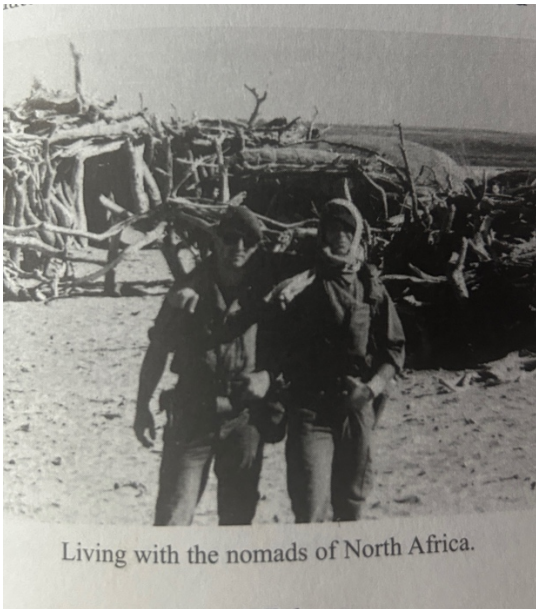


At time of Induction into The World Martial Arts Hall of Fame- 2015

This physical and mental strength, saw Russ enter the military and serve as a Royal Marine in 42 Commando and later passed the selection process to become an SBS (Special Boat Service) trooper.

During this time as a soldier Russ ended up dropped in hostile environments, where wars were silent. I have travelled the world and seen many things I wished that I had not. I have been shot, run over, knifed, and fired out of the torpedo holds of submarines into shark infested waters. The life of a commando is unforgiving & tough. Your fellow soldiers are your lifeblood and as a team, you are placed in many challenging life or death situations. You depend on them, their skills & capabilities, with your life.

“Its certainly no picnic, but the bonds made with fellow team members, are unlike any other bond I’ve experienced in my life. I believe that’s one of the reasons (certainly not the only one) many men struggle with life after returning from the military. The kinship, the camaraderie, the non-stop masculinity and do or die integrity and honour, is hard to find on the streets of the mainstream world. It has become even rarer in the modern world. I have found myself as a man, at times in my life, struggling to find these foundational ethics and life principles, that men once took as a given in the world around me. I know well that I am not alone in that feeling.’



With lifelong friend & comrade Dominique Vandenburg who was serving in the French Foreign Legion. We both loved a good cup of coffee & mischief! This photo is from his book, "The Iron Circle".



Haho Jump- Belize Sth America

Whilst living in Hong Kong and working as a security consultant for an international media company and then later as the Head of Security for the last British Governor of Hong Kong, Russ spent time working as a stunt man in movies, advertising and TV. Most notably was working for the infamous Jackie Chan stunt team on the movie, Who Am I and also with Jet Li in Black Mask. He had also the opportunity of training Angelina Jolie for the Tomb Raider franchise and later became the bodyguard for herself and Brad Pitt and family.

" I love the entertainment industry and I love the behind the scenes logistics of pulling a movie or show together, particularly in the action genre. Working with Jackie and his very talented team was a dream come true and I hold very fond memories of this time. I have jumped off buildings in Hong Kong harbour for a perfume ad, learned some amazing skills and learnt to speak a number of languages. I hold communication as one of my strongest skillsets and its one of the things that technology has greatly improved."



"Who am I "with Jackie Chan circa 1998

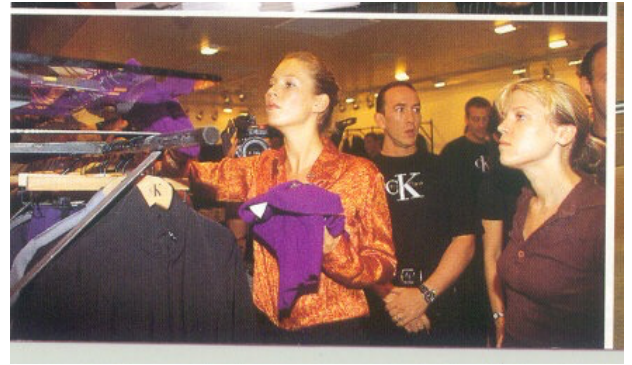


"Black Mask" circa 1996

final fight scene with Jet Li before his move to the US for Lethal Weapon



Group photo stunt crew Black Mask 1996



Calvin Klein & Kate Moss -Hong Kong

I suppose it was a natural progression, with those skillsets to end up as a CPO or Close Protection Officer. The common term for this profession is Bodyguard. Again, he has travelled the world in this role, worked on movie sets and met many well-known people and celebrities. The world of a CPO is one of being like a commando in many ways. You have to read the room, see things well before they come at you (or your client), see things but don't be seen, work very long hours and still maintain a cool, calm and professional demeanour. Many clients from these backgrounds have interesting ways of life and are not always easy going or easy to care for. Some of the things I have experienced in this role make fabulous dinner party tales and some would make your eyes pop. As a respected CPO, I have been engaged at the very top tier of the close protection and private security industry. I have received numerous accolades regarding my professional conduct from, not only the British Royal Family, but numerous heads of state and government bodies across the globe. I have extensive experience in all theatres, including covert operations on 5 continents. I also have had the honour of teaching CPO's as a private instructor and for the International Bodyguards Association (IBA) as the National Advisor & instructor.

As I have gotten older and less interested in being away from my family and peaceful life for extended periods of time, I have continued to work in private security consultancy and on various TV shows as team leader and asset protection. The debacle that was Covid, has had a large impact upon the entertainment industry and many movies and TV shows that had been lined up for my work schedule, sometime 18 months in advance, were cancelled. Others required you to travel overseas and participate in a certain medical procedure, in order to work. I wasn't comfortable with that mindset and many pieces dropped into place for me (particularly after I had been CPO on the team of Bill Gates during his visit to Australia in 2018). Penny and I instantly knew that it wasn't a dance we wished to do and moved to protect ourselves and our children.



Survivor Host, client and good friend Jonathan La Paglia. One of the nicest!



Long Days, massive kilometres on the set of Im a Celebrity UK BG for Kaitlyn Jenner



On set with Holly & Dec- I'm A Celebrity UK



Jungle Ranger for the Germans on I'm a Celeb RTL4

As the global agenda has advanced, I see this as an opportunity to now be at home often, enjoying living in the peaceful sanctuary that Penny & I have created in the Noosa Hinterland. I also feel the opportunity for me to share my knowledge and sense of self with others. I have a **podcast called The Grey Man**. Find it here with this link to Spotify and YouTube @The_Greyman

<https://open.spotify.com/show/1nq6kZ2Fr4Y0iI4VlrXSsx?si=0346d6e6addc4b8a>



The Grey Man Podcast

As a respected CPO, I have enjoyed interviewing a couple of people who I have worked with and am looking forward to a very BIG interview, with a very well-known and respected man and celebrity in the first part of 2025, which I hope many of you can listen to. Im unable to extrapolate more about this at the moment, but please stay tuned ☺

Building upon many years of seeing men and young men, like boats without rudders, I have developed a concept for a **club for men**, which will be launched at a similar time to the above interview. I have been playing with this idea and building its framework for more years than I care to admit. However, with our establishment of Foundation 55 in 2024, done with the assistance of the CVA, Ray and Sandy and the team at The End Result Foundation, I feel we have the grounding for a better way forward to conduct ethical business that is people and solutions focussed & doesn't

make us slaves to an unethical system. Currently, under the protection banner, I'm focussed on how we as individuals can protect ourselves from EMF's and navigate a few of the toxic environmental aspects being thrown at us. Penny & our Foundation team are currently teaching about how to make orgonite & build electroculture devices that ward off troublesome weather and energy. As a team, we are also focussed on property security, water health and water sovereignty with assistance to private clients as consultants.

It is an exciting time to see a parallel world opening up to those of us who choose to engage in positive changes.

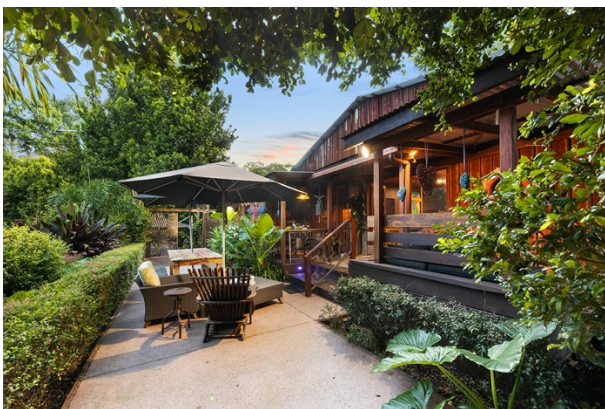


For me, it's always about the team work!



A team in life & all things. Myself & Penny.

Russ has a number of eBooks which show everyday people how to be more situationally aware and take the role of protector in their own families. Foundation 55's edict is Protecting People, Place & Planet. For more information about Russ's eBooks, podcast, courses and offerings through Foundation 55, please contact Russ on 0421 278 211 or foundation55foundation@protonmail.com



Russ & Penny's Learning Centre on their property Billabong, in the Noosa Hinterland Queensland



Staying fit & flexible at 58. Health Is Wealth!!